

COCHLEAR IMPLANTATION POST-OP INSTRUCTIONS:

- Most ear surgeries should have a postoperative appointment.
- Please be sure to call our office and make a follow up appointment if you don't already have one.
- The dressing can be removed the day after surgery. Once removed, replace the cotton ball in the ear as needed. Once the dressing is off, and you may clean the incision daily with either soap and water or hydrogen peroxide. Apply Vaseline or antibiotic ointment after cleaning.
- Bloody drainage from the ear is common. Call the office if discharge from the ear lasts longer than 21 days or develops an odor or yellow/green color.
- Water should be kept out of the ear until it is healed. You may shower the day after surgery if you keep your head dry. The hair may be shampooed 2 days following surgery, but do not allow any water into the ear canal. A cotton ball covered with Vaseline should be used in the ear whenever you are around water.
- A sensation of fullness with popping sounds may be noticed during the healing process. This is normal and expected.
- DO NOT BLOW YOUR NOSE FOR 3 WEEKS FOLLOWING SURGERY. If you sneeze, do so with your mouth open for 3 weeks following surgery. Do not use a straw to drink beverages for 3 weeks following surgery.
- Do not use Q-Tips or put anything in the canal, until approved by your surgeon.
- Minor swelling of the face and head on the same side as surgery is common. Small areas of bruising near the eye or mouth may occur due to the use of a facial nerve monitor.
- NO LIFTING (more than 10 lbs, about the same as a gallon of milk) and NO STRAINING until cleared by your surgeon at your first follow up visit.
- You will be discharged on pain medication and antibiotics.
- Should you experience any difficulty upon returning home, or if you simply have questions, please contact us. As your surgeons, we are most familiar with your operation and postoperative care. We are accessible by telephone 24 hours a day, 7 days a week. Once we have assessed your situation, we will be prepared to make specific suggestions for your care.